

Developed in partnership with the experts at



Sports Medicine Academy

Three semesters of hands-on exposure to the exciting world of the athletic trainer

There are more than 40,000 positions for athletic trainers open right now around the U.S. Students who are contemplating interest in a sports medicine career need to understand where each of the many different positions fit on the Sports Medicine team, from nurse to physician to physician's assistant to radiologist to physical therapist to, of course, the athletic trainer. This is Sports Medicine Academy!

Sports Medicine Academy from Transform Career Academies was developed in partnership with experts from **Mercy Health Orthopaedics** and **Sports Medicine** to introduce students to the world of Sports Medicine and to give them an introductory taste of what it might be like to be an athletic trainer.

From exploring various sports medicine career pathways in **Sports Medicine 101**... to digging deeply into the physiology and craft of injury mitigation in **Sports Medicine 201**... to working on the football field during game nights in support of the staff athletic trainer in **Sports Medicine 301**, this academy puts the knowledge required and experiences encountered by the Athletic Trainer directly in the hands of the students. They learn what it feels like to problem-solve as an Athletic Trainer to help them decide if this is the field for them.

"The Sports Medicine Academy gives high school students just the right amount of detail and hands-on experiences to help them decide if Athletic Trainer might be the career field for them." J.Bowers, AT, Manager of Sports Medicine Partnerships, Education & Professional Development, Mercy Health Sports Medicine & Orthopedics

"The experiences provided to students who enroll in Sports Medicine Academy are serious game changers. Some walk away shaking their heads. Others know they have just launched their life's work. Both are precious!" D.Arthur, curriculum architect

Sports Medicine Academy



Sports Medicine 101 is open to 9th through 12th grade students, and digs in right away to career pathway options within Sports Medicine. Units cover athletic trainer, EMS-EMT, radiologist and radiology technician, physical therapist (PT) / occupational therapist (OT), physician's assistant, physician, and other ancillary career pathways (sports psychology, nutrition, etc.). Each unit talks about what a person in that career gets to do, how much schooling they need, where they might work, and how much they can earn.



Sports Medicine 201 is open to 9th through 12th grade students who have successfully completed **SM 101**. The focus of **SM 201** is the details – anatomy, physiology, injury mitigation, healing, and treatment philosophy and approach. Much in-depth information is shared, and the student is expected to gain a familiarity with all of the information covered. The course is considered “advanced” and is not likely to be a good match for students who haven't developed good study habits.



Sports Medicine 301 offers invited students a unique opportunity to spend a full semester as a student intern, supporting the actual Athletic Training staff on the football or soccer field as a Student Aide. Supervision is provided by the Athletic Trainer. Up to 60 hours of service are expected from each student, typically supporting the staff and team on the football field during every Friday night game. These hours translate to one-half credit toward high school graduation.

Curricula, lesson plans and materials were prepared by Transform Consulting LLC, a leading innovative educational consultant, in partnership with staff from Mercy Health Orthopedics and Sports Medicine.

An experienced health sciences facilitator from the high school faculty is required to implement the Sports Medicine Academy courses, such as an athletic director, coach, physical education teacher, nurse, or anatomy teacher.

OUR ONGOING SUPPORT TO YOU: Included in the purchase of the Sports Medicine Academy curriculum is up to twenty hours of expert consultation and guidance from Transform Consulting and/or Mercy Health (facilitated by Transform Consulting) during the first year of implementation.

For more information, contact Adam Gergen
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